



## خطة تخصص التمريض

المهن الطبية المساندة	البرنامج
التمريض	التخصص

## تفصيل ساعات التخصص

الساعات المطلوبة	المتطلبات	تسلسل
16	متطلبات الكلية	أولا
18	متطلبات البرنامج	ثانيا
46	متطلبات التخصص	ثالثا
80	المجموع	



## أولاً: مساقات الكلية: (16) ساعة معتمدة، كما يلي:

رقم المساق	اسم المساق	الساعات المعتمدة	الساعات الأسبوعية		متطلب سابق
			نظري	عملي	
0010003	دراسات في الفكر العربي الإسلامي	3	3	-	-
0010002	اللغة الإنجليزية	3	3	-	-
0010005	النشاط الرياضي	1	-	1	-
0010001	اللغة العربية	3	3	-	-
0010006	مقدمة في الحاسوب الآلي	3	3	-	-
0010004	التنمية في الوطن العربي	3	3	-	-
المجموع		16	15	1	

## ثانياً: مساقات البرنامج: (26) ساعة معتمدة، كما يلي:

رقم المساق	اسم المساق	الساعات المعتمدة	الساعات الأسبوعية		متطلب سابق
			نظري	عملي	
0101104	كيمياء عامة	2	2	-	
0101105	احياء دقيقة	2	2	-	
0101106	علم التشريح ووظائف الاعضاء(1)	3	3	-	
0101135	لغة انجليزية طبية	2	2	-	
0101114	علم الأدوية	2	2	0	
0101116	علم التشريح ووظائف الأعضاء(2)	3	3	0	0101106
0101124	علم التغذية للتمريض	2	2	0	
0101125	احصاء حيوي	2	2	0	
المجموع		18	18		



ثالثاً: مساقات التخصص: (37) ساعة معتمدة، كما يلي:

رقم المساق	اسم المساق	الساعات المعتمدة	الساعات الأسبوعية		متطلب سابق
			نظري	عملي	
0101101	أساسيات تمريض نظري (1)	3	3	3	
0101102	أساسيات تمريض مختبر (1)	2	0	2	
0101103	أخلاقيات المهنة	2	2	-	
0101109	تمريض جراحة وباطني (1) نظري	4	4	0	0101109
0101110	تمريض جراحة وباطني (1) عملي	2	0	2	0101109
0101111	أساسيات تمريض (2) نظري	2	2	0	
0101117	جراحة وباطني (2) نظري	4	4	0	
0101118	جراحة وباطني (2) عملي	2	0	2	
0101127	تمريض صحة مجتمع نظري	4	4	0	
0101128	تمريض صحة مجتمع عملي	2	0	2	
0101112	أساسيات تمريض (2) عملي	2	0	2	0101111
0101113	أساسيات تمريض (2) مختبر	1	0	1	0101101
0101120	تمريض اطفال نظري	4	4	0	
0101129	صحة نفسية نظري	2	2	0	
0101130	صحة نفسية عملي	2	0	2	
0101121	تمريض اطفال عملي	2	0	2	
0101122	تمريض نسائية نظري	4	4	0	
0101123	تمريض نسائية عملي	2	0	2	
	<b>المجموع</b>	<b>46</b>			



## الخطة الاسترشادية

السنة الأولى					
الفصل الثاني			الفصل الأول		
ساعات معتمدة	اسم المساق	رقم المساق	ساعات معتمدة	اسم المساق	رقم المساق
4	تمريض جراحة وباطني (1) نظري	0101109	4	تمريض جراحة وباطني (1) نظري	0101109
2	تمريض جراحة وباطني (1) عملي	0101110	2	تمريض جراحة وباطني (1) عملي	0101110
2	أساسيات تمريض (2) نظري	0101111	2	اساسيات تمريض (2) نظري	0101111
2	أساسيات تمريض (2) عملي	0101112	2	اساسيات تمريض (2) عملي	0101112
1	أساسيات تمريض (2) مختبر	0101113	1	اساسيات تمريض (2) مختبر	0101113
2	علم الادوية	0101114	2	علم الادوية	0101114
3	علم التشريح ووظائف الاعضاء الاعضاء(2)	0101116	3	علم التشريح ووظائف الاعضاء الاعضاء(2)	0101116
3	تنمية في الوطن العربي	0010004	3	تنمية في الوطن العربي	0010004
19			19		المجموع



السنة الأولى		
الفصل الصيفي		
ساعات معتمدة	اسم المساق	رقم المساق
4	جراحة وباطني (2) نظري	0101117
2	جراحة وباطني (2) عملي	0101118
3	دراسات في الفكر الاسلامي	0010003
17	المجموع	

السنة الثانية					
الفصل الثاني			الفصل الأول		
ساعات معتمدة	اسم المساق	رقم المساق	ساعات معتمدة	اسم المساق	رقم المساق
1	النشاط الرياضي	0010005	4	تمريض اطفال نظري	0101120
4	تمريض صحة مجتمع نظري	0101127	2	تمريض اطفال عملي	0101121
2	تمريض صحة مجتمع عملي	0101128	4	تمريض نسائية نظري	0101122
2	صحة نفسية نظري	0101129	2	تمريض نسائية عملي	0101123
2	صحة نفسية عملي	0101130	2	علم التغذية للتمريض	0101124
3	مقدمة في استخدام الحاسوب	0010006	2	إحصاء حيوي	0101125
			3	اللغة العربية	0010001
14	المجموع		19	المجموع	



## Description for Nursing Courses

### ❖ 0010004 التنمية في الوطن العربي (3 ساعات)

المساق موجه إلى طلبة الكلية في تخصصاتهم المختلفة، ويهدف إلى توضيح مفهوم التنمية وواقعها وأهميتها للوطن العربي، من جوانب مختلفة، اجتماعية، اقتصادية، علمية، ثقافية، سياسية، وغيرها، ودراسة المشكلات والمعوقات الداخلية والخارجية التي تعترض برامج التنمية في الوطن العربي ولاسيما في فلسطين وسبل مواجهتها والتغلب عليها.

### ❖ 0010001 اللغة العربية (3 ساعات)

تنمية مهارات اللغة العربية الأساسية وتطويرها: بناء الجملة والعبارة بناء سليماً خالياً من الأخطاء النحوية، الكتابة الخالية من الأخطاء الإملائية، استخدام المعاجم الشاملة والمتخصصة، التركيز في المعاجم اللغوية الشاملة على مدرستين معجميتين: مدرسة الباب والفصل والمدرسة الحديثة، المعاجم المتخصصة، تلخيص النصوص المختلفة مسموعة أو مقروءة تلخيصاً وافياً بالغرض.

### ❖ 0010002 اللغة الانجليزية (3 ساعات)

يركز هذا المساق على تطوير مهارات القراءة والكتابة للطلبة الذين يستخدمون اللغة الإنجليزية في دراستهم، ويتم تدريب الطلبة على تقنيات القراءة المختلفة مثل القراءة السريعة لاستخلاص الأفكار الرئيسية والقراءة المتفحصة للاستيعاب والقيام بالاستنتاجات والتعرف على المفردات من خلال السياق، وذلك عن طريق تحليل النصوص القصيرة المكتوبة والتي غالباً ما تكون نصوصاً أكاديمية وغير أدبية.

### ❖ 0010006 مقدمة في علم الحاسوب (3 ساعات)

مكونات الحاسوب (المادية والبرمجية)، خصوصيات الحاسوب، أمن وفيروسات الحاسوب، البرامج الجاهزة (ويندوز، ميكروسوفت، وورد، ميكروسوفت اكسل، ميكروسوفت بوربوينت) مقدمة في الإنترنت تطبيقات الانترنت.



❖ **0010005 دراسات في الفكر العربي والاسلامي (3ساعات)**

يهدف هذا المساق الى تعريف الطالب بالفكر العربي والاسلامي من حيث اسسه ومقاصده وتعميق الايمان بالاسلام عنده عقيدة وشرعا ونظام حياة وان يدرك الصلة الوثيقة بين العرب والاسلام وبيان دور العرب في حمل رسالته وفضل الإسلام على العرب والانسانية وكذلك ان يتعرف الطالب ويلم بالأنظمة الإسلامية في جوانبها التطبيقية ويتعرف على خصائص الحضارة الإسلامية وما يميزها عن غيرها من الحضارات

❖ **0101101 & 0101111 Fundamental of Nursing 1&2 (3&3 Credits Hours)**

This course prepared primarily for student in basic program of nursing education; on the other hand, it serves as a guideline in all levels of nursing programs in Palestine. Basic theories and skill that can be applicable effectively in dealing with client needs. Fundamental of nursing course allotted of 10 credits to given throughout two consequent courses for the freshmen-nursing student. The first course emphasizes on theoretical basis and lab demonstration while the second course involves theoretical, lab demonstration and clinical training in health care setting.

❖ **0101106 & 0101116 Anatomy and Physiology 1&2 (3&3 Credits Hours)**

This course designed to provide basic knowledge about the human body structures and the functions of these structures, starting from the cell and chemical reactions go through body structures and various body systems.

❖ **0101135 Medical English (2 Credits Hours)**

This course provides the student with a background in medical terminology. It will assist the student to recognize medical words by identifying Greek and Latin suffixes and prefixes, the root words, and combining forms. It will also assist the student to pronounce medical terms correctly and to recall and interpret medical abbreviations, anatomical and physiological terminology, combining forms, pathological terminology, clinical procedures, laboratory tests, medical specialties, and abbreviations will presented for each body system.



### ❖ 0101103 Nursing Ethics (2 Credits Hours)

This course includes information required for examination of ethical decision-making in clinical practice. The focus is on values clarification, ethical theory, ethical decision-making models, and professional ethical standards. Emphasis is on ethical obligations of professional nurses in their roles as citizens, members of a profession, providers of care, and designers and managers of care.

### ❖ 0101114 Pharmacology for Nursing (2 Credits Hours)

This course begins the nursing student's education on the concepts of pharmacotherapeutics, establishing a knowledge base that applies to patient care and education. At the completion of this course, the student will understand the major drug classifications, with use of prototypes and understand the five concepts of human functioning emphasizing Pathophysiology structured on the steps of the Nursing process.

### ❖ 0101109 Medical Surgical Nursing 1 (4 Credits Hours)

This course designed to introduce the student to disease conditions affecting selected body systems. It includes terminology, etiology, symptoms, diagnosis, nursing care, and treatment of each condition. It consists of theory, clinical practice, clinical conference, and the development of nursing care plans for selected patients.

This course focuses on planning, implementing and evaluating strategies to promote, maintain and restore optimum health for diverse clients across the lifespan experiencing alterations in life function(s). The course evolves around nursing, nursing process, and clients experiencing alterations in specified life functions: protective, fluid/gas transport, elimination, nutrition/metabolism, growth, and development. Management principles, legal-ethical issues and therapeutic communication incorporated into the plan of care for clients experiencing alterations in life functions.





❖ **0101117 Medical Surgical Nursing 2 (4 Credits Hours)**

Continuation of Medical-Surgical Nursing I with application of the nursing process to the care of adult patients experiencing medical-surgical conditions in the health care illness continuum. A variety of health care settings utilized. This course covers physiology and basic pathophysiology, causes of illness, communicable disease and disease transmission and prevention. The role of the vocational nurse in preventative health measures, health promotion, and referral to community health resources, patient/family education, therapeutic and rehabilitative aspects will presented. Discussion/projects for ethical issues and critical thinking and incorporated in the course.

❖ **0101127 Community Health Nursing (4 Credits Hours)**

This course enables the student to sensitize the community health needs through many settings in the community “and the course promotes them to develop in depth understanding of prevention method of problem more than treatment. In addition, the information and skills presented to this course will prepare the student to be oriented with their community and will qualify as a community health nurse.

❖ **0101129 Psychiatry Nursing (2 Credits Hours)**

This course designed for the practical nursing student. In the Palestinian nursing community college. It designed to enable student in psychiatric course to understand the concept of psychiatric disorder beside mental health hygiene. In addition, this course will enable the student to identify major characteristics of all human being behavior besides giving them skill in communication with mentality ill people.

❖ **0101120 Pediatric Nursing (4 Credits Hours)**

This course assists students to integrate knowledge derived from the bio/psycho/social sciences, humanities, nursing and current literature to achieve safe, competent care of pediatric patients and their families who are experiencing normal development and alterations in body systems. Course content organized by the nursing process in order to achieve best practice outcomes for pediatric patients and their families experiencing bio/psycho/social/cultural and spiritual needs.



### ❖ 0101122 Maternity Nursing (4 Credits Hours)

This course designed to enable the student to understand the role of the practical nurse in the field of maternity and gynecology.

It will provide the student nurse with the required knowledge and practical skills by emphasizing on the psychological, physiological and cultural aspects of the Palestinian woman and her family. The theoretical and clinical aspects of the course will taught by using the nursing process. Prior to the clinical experience, the students will be oriented to the normal aspects of maternity care so that they can build their acquired knowledge with practice. The purpose of the course is to enable the students to acquire skill and knowledge to care for women through their life Span. In addition, to have the ability to watch for any deviations that might occur to the woman in her reproductive age period and classify her as high risk. The student will be prepared to provide maternal care in the hospitals and community set-ups, where she will function as a care provider while co-operating with other health care professionals.

### ❖ 0101124 Nutrition (2 Credits Hours)

This course introduces the student to the role of the nurse in promoting and supporting nutritional health. Emphasis is on the role nutrition plays in health promotion/prevention of illness, recovery from acute illness and/or management of chronic illness. Students learn to access evidence to support healthy nutritional choices that reduce risk factors for disease and/or illness across the lifespan. Students explore how culture, ethnicity, socio-economic status, nutritional trends and controversies, and integrative therapies influence the nutritional health of the client.

### ❖ 0101105 Microbiology (2 Credits Hours)

This course focuses on activities of bacteria, viruses, and other microorganisms, and their influence on humans. Microbe-related topics include disease, bioterrorism, food, biotechnology, and ecology. Examines the nature of scientific inquiry, along with major biological concepts.



### ❖ 0101104 General Chemistry (2 Credits Hours)

This course is designed for students in the first year in the medical field, which is a two-hour certified and thirty-two hour taken along the semester. This course includes all of the following topics: Introduction to Chemistry, atoms, molecules and ions, chemical calculations, chemical reactions in aqueous solutions, gases, energy and its relation to chemical interactions, Also students is being introduced to the periodic table, covalent bonding and structural composition. This course aims in general to define the nature of science student and the properties of different materials (Materials) and the method of their interdependence aims to introduce students to chemistry related to their studies leading to the ability to think scientifically based on firm scientific bases to develop their application development trends

### ❖ 0101125 Biostatistics (2 Credits Hours)

This course addresses the elements of statistics in terms of its definition, its importance, its statistical method, and data collection and displays graphically and geometrically. In addition, it describes the data by calculating measures of central tendency, dispersion measures of absolute and relative. Statistical data classification , probability definition and properties, random variables discrete and continuous and probability distributions, the distribution of the binomial normal distribution, sampling distributions, point estimate and the period of the Central Statistical Society and one test hypotheses.

### ❖ 0101102 Lab. Fundamentals of Nursing (1) (2 Credits Hours)

This course is built on the unifying concepts basic to nursing practice introduced in foundations of nursing (I). The students will build on the concepts of the nursing process in providing care to individual clients requiring primary and select secondary interventions. Emphasis will be placed on nursing intervention skills in non-acute and selected acute health care settings. This course provides calculating adult and children medication dosage. Continued emphasis on nursing concepts, procedures, and their applications.



### ❖ 0101113 Lab. Fundamentals of Nursing (2) (1 Credits Hours)

The students will build on the concepts of the nursing process in providing care to individual clients requiring primary and select secondary interventions. Students learn and practice basic nursing skills in personal care, sterile technique (dressing wound), insertion NGT and feeding, insertion foley's catheter (urinary elimination), O2 therapy, and documentation. There is major emphasis on the critical elements of nursing procedures and the scientific rationale for performing the procedures correctly.

### ❖ 0101112 Clinical of Nursing (2) (2 Credits Hours)

This course is the first step in exposing students to nursing as a field of practice. Students are guided to examine terminology, pathophysiology of common causes, specific diagnostic procedures, and medical management for each specific alteration in health status. Nursing process is the framework used to deal with each health problem. Principles of holistic approach are emphasized during the care of nursing client. These courses focus on pre and postoperative care, fluid / electrolytes and acid base balance, hematology, vascular, cardiac respiratory, dermatology and gastrointestinal systems. Principles of nursing assessment standardized nursing diagnoses amenable to nursing, nursing interventions, interventions, and criteria for evaluation are introduced with emphasis on holistic approach during the care for nursing clients.

### ❖ 0101110 Medical & Surgical Nursing (1) (2 Credits Hours)

The clinical course for adult health nursing students are introduced to the care of adult clients with common alterations in health status. The students are guided to use the nursing process to explore the role of the professional nurse in assisting clients attain and maintain wellness. Communication skills, critical thinking, decision making, psychomotor skills, teaching learning principles, keeping breast with current literature, and moral principles are emphasized in dwelling with selected clients in clinical settings.



### ❖ 0101118 Medical & Surgical Nursing (2) (2 Credits Hours)

The clinical course for adult health nursing students are introduced to the care of adult clients with common alterations in health status. The students are guided to use the nursing process to explore the role of the professional nurse in assisting clients attain and maintain wellness. Communication skills, critical thinking, decision making, psychomotor skills, teaching learning principles, keeping breast with current literature, and moral principles are emphasized in dwelling with selected clients in clinical settings.

### ❖ 0101121 Pediatric Nursing (2 Credits Hours)

This course integrates knowledge from previous course, Nutrition and Pharmacology in providing competent level of care to children and their families. Students will apply concepts related to Growth and Development, research, leadership and Nursing Process in restoring health for children and their families. This course will introduce students to different clinical setting as MCH and Hospital which enable student to achieve a holistic approach to nursing care through primary prevention, health promotion, health maintenance and rehabilitation care. Student will effectively engage in identification of ethical and legal problems, which help in participation in decision-making and problem solving.

### ❖ 0101123 Maternity of Nursing (2 Credits Hours)

This course integrates knowledge from previous course and the basic sciences to attain high competency level of reproductive health and safe motherhood practices. Students will apply the nursing process, the psychomotor skills, and the problem solving technique to determine and deal with the physical, emotional, social and ethical nursing problems in the areas of reproductive health, safe motherhood and gynecology. Experience will be provided in maternity hospitals, antenatal clinics, mother child clinics and women's health clinics. Students will be given opportunities to develop basic skills in the care of women during the various stages of the life cycle including phases such as menarche, menopause, etc.



### ❖ 0101130 Psychiatry of Nursing (2 Credits Hours)

This course provides nursing students an opportunity to deal directly with clients who suffer from emotional and mental disorders and receiving care in psychiatric care settings (inpatient & outpatient) where students can assess these clients and the resulting behavior exhibited by them by utilizing nursing process in planning and providing nursing care for those individuals based on knowledge gained from biological, social, psychological sciences as well as humanities and nursing. Student's clinical experience will be provided in hospitals, community and day care centers, rendering services to patients with mental health and psychiatric problems and their families. Skills and attitudes of students will be enhanced in caring for patients receiving various therapeutic treatments. Students deal with clients by demonstrating high skills in therapeutic communication whether with individuals or in groups. Also, students help in maintaining therapeutic environment and work with clients in helping them to select the best coping methods to deal with life stressors as well as working with mental and social health team in helping those clients when using different modalities in psychiatric treatment and helping them and their families to retain and maintain optimal level of mental health to go back to community to live as normal as possible.

### ❖ 0101128 Community Health Nursing (2 Credits Hours)

This course is designed to provide the student with the opportunity to observe, participate and function independently to explore nursing skills and techniques related to health promotion, health maintenance and health restoration and disease prevention among the target aggregates in primary health care settings (clinics, homes, youth centers, nursing homes, faculties & schools). Students are directed toward implementation of the nursing process through applying primary, secondary, and tertiary prevention of disease for clients in community setting.